

# Menu



**RIDLEYTON**  
Greek Home for the Aged

Week 2

Weeks Commencing:  
11/5, 8/6, 6/7, 3/8, 31/8, 28/9, 26/10

## MONDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Trahana Soup
	<b>MAIN</b> Beef Schnitzel, French Potato, Vegetables (Soft / Minced / Vitamised: Beef Casserole)
	<b>DESSERT</b> Fresh Fruit / Fruit Puree
<i>Dinner</i>	<b>ENTRÉE</b> Trahana Soup
	<b>MAIN</b> Risotto with Bacon & Vegetables (Soft / Minced / Vitamised: Chicken Stew)
	<b>DESSERT</b> Custard with Fruit

## TUESDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Augolemono Soup
	<b>MAIN</b> Diced Beef Casserole with Spaghetti, Salad & Vegetables
	<b>DESSERT</b> Bread & Butter Pudding
<i>Dinner</i>	<b>ENTRÉE</b> Augolemono Soup
	<b>MAIN</b> "Spanakopita", Salad & Vegetables (Soft / Minced / Vitamised: Lamb Casserole)
	<b>DESSERT</b> Fresh Fruit / Fruit Puree / Yoghurt

## WEDNESDAY

<i>Breakfast</i>	Eggs, Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Hilopites Soup
	<b>MAIN</b> "Fasolada" with Greek Salad, Vegetable Patties, Dolmades & Tarama
	<b>DESSERT</b> Fresh Fruit / Fruit Puree / Yoghurt
<i>Dinner</i>	<b>ENTRÉE</b> Hilopites Soup
	<b>MAIN</b> Okra, Potato Casserole with Fetta Cheese (Soft / Minced: Beef Casserole)
	<b>DESSERT</b> Apple Pie with Cream

## THURSDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Chicken Noodle Soup
	<b>MAIN</b> Roast Chicken with Rice Pilaf, Salad / Vegetables
	<b>DESSERT</b> Fruit with Cream
<i>Dinner</i>	<b>ENTRÉE</b> Chicken Noodle Soup
	<b>MAIN</b> Assorted Sandwiches (Soft / Minced / Vitamised: Beef Casserole)
	<b>DESSERT</b> Mousse

## FRIDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Lentils Soup
	<b>MAIN</b> Fried Fish, Chips, Beetroot & Scordalia, Vegetables
	<b>DESSERT</b> Rice Pudding
<i>Dinner</i>	<b>ENTRÉE</b> Lentils Soup
	<b>MAIN</b> Spaghetti Bolognese with Salad / Vegetables
	<b>DESSERT</b> Fresh Fruit / Fruit Puree / Yoghurt

## SATURDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Augolemono Soup
	<b>MAIN</b> Lamb Shaslicks & Wedges, Greek Salad / Vegetables
	<b>DESSERT</b> Fruit Jelly and Ice Cream
<i>Dinner</i>	<b>ENTRÉE</b> Augolemono Soup
	<b>MAIN</b> Grilled Sausages with Mixed Vegetables & Mash Potato (Soft / Minced: Braised Lamb & Vegetables)
	<b>DESSERT</b> Cake with Custard

## SUNDAY

<i>Breakfast</i>	Cereal, Toast, Cheese, Yoghurt, Fruit
<i>Lunch</i>	<b>ENTRÉE</b> Cous-Cous Soup
	<b>MAIN</b> Roast Lamb & Roast Potatoes with Vegetables / Salad
	<b>DESSERT</b> Revani with Cream
<i>Dinner</i>	<b>ENTRÉE</b> Cous-Cous Soup
	<b>MAIN</b> Croissants with Ham & Cheese, Salad / Vegetables (Soft / Minced: Chicken & Vegetables)
	<b>DESSERT</b> Fresh Fruit / Fruit Puree / Yoghurt